

Power Living Australia Yoga

MASTER CLASS SERIES 4-6

with **Swami** Govindananda

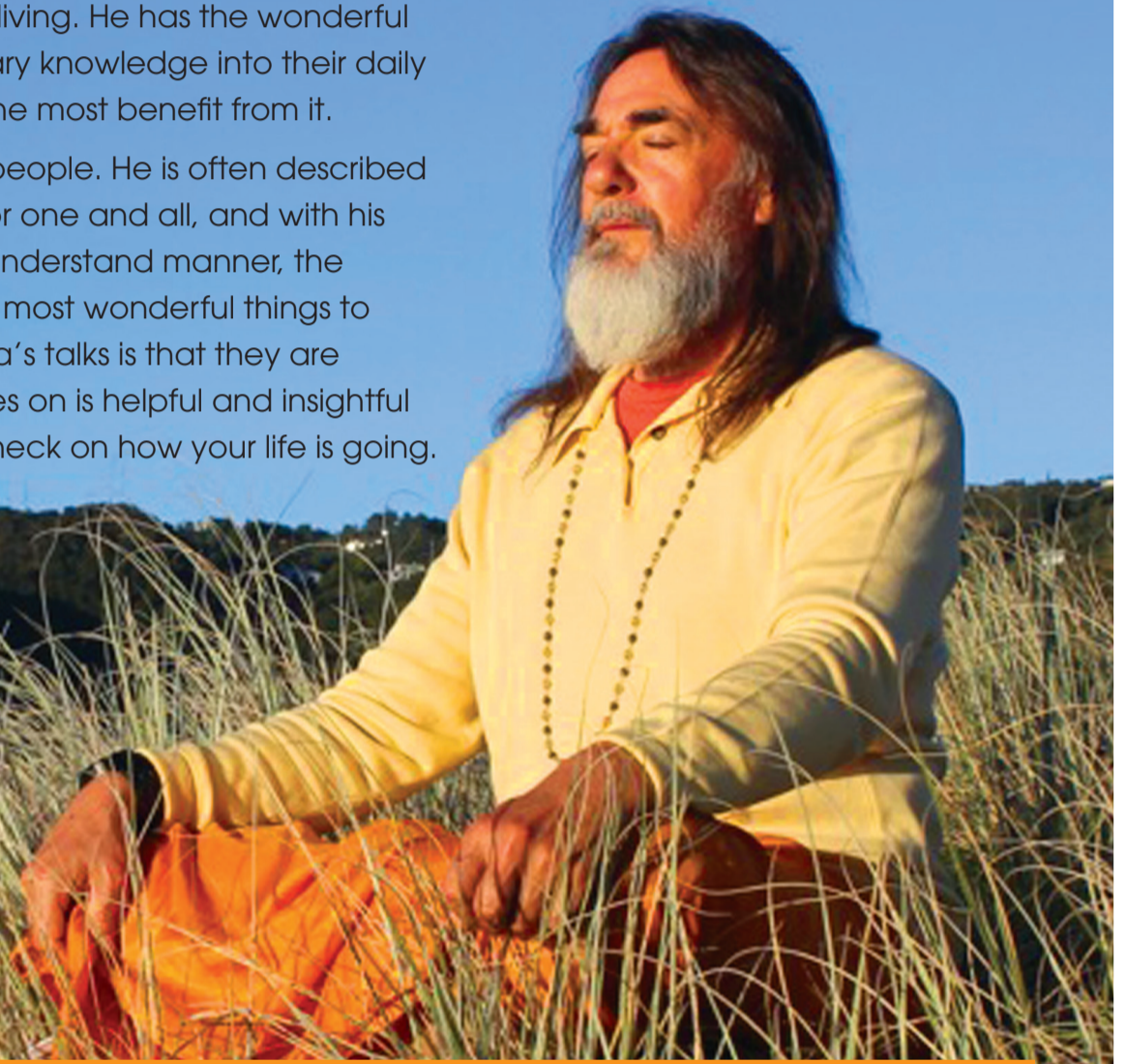
...follow on workshop series



Swamiji is widely known for his depth of knowledge, gentle, humorous nature and his ability to inspire in others the quest for genuine spiritual living. He has the wonderful ability to help individuals integrate this most extraordinary knowledge into their daily lives so that they may realize its importance and gain the most benefit from it.

Swamiji has touched the hearts of many thousands of people. He is often described as a modern holy man for today's times, a bright light for one and all, and with his blend of cultures, he explains, in a simple and easy to understand manner, the complex and timeless philosophies of India. One of the most wonderful things to discover when listening to any of Swami Govindananda's talks is that they are immensely practical. The knowledge he so easily passes on is helpful and insightful on many levels and you find yourself having a reality check on how your life is going.

Swamiji will give 3 x 3 hour programs at Power Living. From one session to another he will steadily build our understanding of the spiritual significance of yoga philosophy in our day to day lives. Information, he says, no-one should be without.



Three follow on workshops on the fundamental teachings of Vedic philosophy.

All modules at **Power Living Manly Beach Studio** @ 1pm - 4pm
Cost **\$25 per module / \$70 for all three**

**10% DISCOUNT
FOR MEMBERS**

WORKSHOP #4 | FATE AND DESTINY | Saturday 30th June

[BOOK NOW](#)

- A summary of the aim of life, the search for meaning, love and happiness
- Are you free to act or are you bound by destiny?

WORKSHOP #5 | SURRENDER...LET GO OF THE EGO | Saturday 7th July

[BOOK NOW](#)

- Be active, but do nothing! • The meaning of self-surrender
- The various types of actions and consequence

WORKSHOP #6 | DETACHMENT | Saturday 14th July

[BOOK NOW](#)

- The importance and benefits of detachment • Detachment is not giving up worldly things
- Both love and enmity lead to attachment • Meditation is redirecting attachment

POWER LIVING YOGA
powerful body • open mind • fearless heart

For more information go to:
www.powerliving.com.au