

## Immersion Retreat Participation Form

Please complete the participation form and return to Power Living Australia via email at [programs@powerliving.com.au](mailto:programs@powerliving.com.au) or mail to Lv 1/15 Sydney Road, Manly Beach, NSW 2095. Please note that enrolment in this program is not confirmed until a \$500 (non refundable) minimum deposit is received. All remaining payments are due two weeks prior to program start. See tuition cost and payment methods below. **Thank you!**

**Please circle full amount to be processed:**

**Immersion 1: \$1,599**

**Immersion 2: \$1,799 (200 Hour Teacher Training Course)**

Direct Transfer Power Living Australia BSB: 112879 ACC: 430600938 Referral Name: October Retreat / Surname	Credit Card: (please circle) Bankcard, Mastercard, Visa Card Number: _ _ _ _ _ _ _ _ _ _ Expiry: _ _ / _ _ CVV: _ _ _ Cardholder Name: Signature:
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First Name : \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Suburb: \_\_\_\_\_

Postcode: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_ Mobile: \_\_\_\_\_

Age: \_\_\_\_\_ Occupation: \_\_\_\_\_ Gender: \_\_\_\_\_

Emergency Contact (Name & Number): \_\_\_\_\_

*Please briefly and concisely answer the following questions.*

**Have you regularly practised yoga in the past?** Yes    No  
*If yes, what style and how frequently?* \_\_\_\_\_

**Do you practice at a Power Living Studio? (if yes, please indicate which one)**  
 \_\_\_\_\_

**How did you hear about the Power Living Immersion Retreat?**  
 \_\_\_\_\_

**Have you previously attended a Yoga Immersion or Teacher Training? If yes, please specify.**

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**Important – Please indicate yes or to no to the following conditions, if yes please check with your doctor before commencing this exercise program**

Do not exercise regularly (For males over 35/females over 45)	Yes	No
Recent hospitalisation and/or surgery: _____	Yes	No
Any heart conditions? _____	Yes	No
Are you pregnant?	Yes	No
High blood pressure (>140/90)	Yes	No
List any medications you are taking:		

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Shortness of breath/breathing difficulties	Yes	No
Gout, Stroke, Diabetes, Epilepsy, Hernia, Glandular Fever, Rheumatic Fever	Yes	No
Dizziness or Fainting	Yes	No
Arthritis, Asthma, Cramps, Muscular pain	Yes	No
Any pain/injuries to the neck, back, knees, ankles	Yes	No
Other conditions that would cause you to modify your exercise program (please specify):		

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**Do you have any pre-existing medical conditions that would prevent you from practicing yoga?** \_\_\_\_\_

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**Roommate / Housing Requests:** \_\_\_\_\_

**Any dietary restrictions:** \_\_\_\_\_

**List current exercise:** \_\_\_\_\_

**What is your reason for participating in Power Living’s Immersion Program?**

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P.L.A.Y Payment Terms and Conditions.

**Payment Policy**

A \$500 (non-refundable) deposit is required at the time of registration to secure your place in the course. The remaining balance is due one month prior to the start date of the course unless payment



plan is in place. Placement is subject to forfeit if tuition is not received one month prior to commencement of first program date.

### **Refund and Cancellation Policy**

Refunds will be given according to the following schedule; for cancellations 7 or more days prior to the start date payments will be refunded less \$500 deposit. Less than 7 days prior to and up to completion of 25% of the program, 50% of the program cost will be refunded. This refund policy applies to both upfront payment and payment plans. No other refunds or credits are available. Please contact us if extenuating circumstances apply and other refund terms may be considered on a case-by-case basis.

### **Notes on Terms**

For Modules offered in more than one session, in which all sessions are required for module completion, programs cost refers to the total cost of all sessions within that module. Refunds are based on full module length according to the terms of the cancellation policy above.

For programs with multiple modules, program cost is determined based on each separate module at a time. Program start date refers to the start of each module.

### **Permission to Use Photographs and Footage**

I agree to allow Power Living Australia to use photographs and video footage of me in publications and promotional materials for Power Living Australia, all of which are made public via print publications or website. I understand that the use of all photographs/ footage will be anonymous; my name will NOT be used. I understand that photographs/ footage may be used in publications for the next ten years.

I have read understand and agree to the terms and conditions of undertaking a program at Power Living Australia Yoga.

Name:

Signature:

Date: